



Hamburger Helper Soup



INGREDIENTS

- chopped onions
 - minced garlic
- optional : spinach, tomatoes, peppers, celery, beans
- milk
 - bone broth
 - leftover hamburger helper
 - salt and pepper
 - grated cheese

DIRECTIONS

Brown onions and garlic with any other ingredients you want to add. You could add spinach, diced tomatoes, celery, peppers etc. Then add in milk and bone broth. How much bone broth and milk you need will be based on how much hamburger helper you have leftover. Start with half a pint of milk and a pint of bone broth, you can always add more if needed. Bring everything to a boil and then add in your hamburger helper. Remove from heat and let rest for 5 minutes to let the broth residually cook the pasta. Top with grated cheese.

NOTES: To make a creamier soup you can mix in heavy cream, sour cream or greek yogurt.

